

St. Cletus Cross Country -- Fall 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aug - 9 Practice Spring Rock 7:15 - 8:30 a.m.	Aug - 10 Run on your own	Aug - 11 Practice Spring Rock 7:15 - 8:30 a.m.	Aug - 12 Run on your own	Aug - 13 Practice Spring Rock 7:15 - 8:30 a.m.	Aug - 14 Run on your own	Aug - 15 Run on your own
Aug - 16 Practice Spring Rock 7:15 - 8:30 a.m.	Aug - 17 Run on your own	Aug - 18 Practice Spring Rock 7:15 - 8:30 a.m.	Aug - 19 Run on your own	Aug - 20 Practice Spring Rock 7:15 - 8:30 a.m.	Aug - 21 Run on your own	Aug - 22 Run on your own
Aug - 23 Practice Spring Rock 8:30-9:30 a.m.	Aug - 24 First day of school Run on your own	Aug - 25 Run on your own	Aug - 26 Practice Spring Rock 3:45 - 4:45 p.m.	Aug - 27 Run on your own	Aug - 28 Run on your own	Aug - 29 Run on your own
Aug - 30 Practice Spring Rock 3:45 - 4:45 p.m.	Aug - 31 Run on your own	Sep - 1 Run on your own	Sep - 2 Practice Spring Rock 3:45 - 4:45 p.m.	Sep - 3 Run on your own	Sep - 4 St. Irene's Meet Summerlakes Park, Warrenville	Sep - 5 Run on your own
Sep - 6 No school Practice Spring Rock 8:30 - 9:30 a.m.	Sep - 7 Run on your own	Sep - 8 Run on your own	Sep - 9 Practice Spring Rock 3:45 - 4:45 p.m.	Sep - 10 Run on your own	Sep - 11 St. Isaac Jogues Meet LTHS, Western Springs	Sep - 12 Run on your own
Sep - 13 Practice Spring Rock 3:45 - 4:45 p.m.	Sep - 14 Run on your own	Sep - 15 Run on your own	Sep - 16 Practice Spring Rock 3:45 - 4:45 p.m.	Sep - 17 Run on your own	Sep - 18 St. Mary's Meet/Coed Downers Grove Swim and Racquet Club, DG	Sep - 19 Run on your own
Sep - 20 Practice Spring Rock 3:45 - 4:45 p.m.	Sep - 21 Run on your own	Sep - 22 Run on your own	Sep - 23 Practice Spring Rock 3:45 - 4:45 p.m.	Sep - 24 Run on your own No school	Sep - 25 St. Joan of Arc Meet Marmion Academy, Aurora	Sep - 26 Run on your own
Sep - 27 Practice Spring Rock 3:45 - 4:45 p.m.	Sep - 28 Run on your own	Sep - 29 Run on your own	Sep - 30 Practice Spring Rock 3:45 - 4:45 p.m.	Oct - 1 Run on your own	Oct - 2 Championship meet Four Seasons Park, Lombard	Oct - 4